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Suggested Companion Plantings to Reduce Insect and Disease Problems¹

If you want to protect THIS against attack	Then plant THIS with it
Beans (attack by beetles)	Petunias
Beans (attack by beetles)	Marigolds
Beets, cabbage, cauliflower, cucumbers (but NOT carrots)	Bush beans
Beets, celery, chamomile, onions, potatoes, sage	Broccoli, cabbage
Broccoli (attack by broccoli caterpillar)	Sweet basil
Cabbage (attack by cabbage butterfly)	Celery
Carrots (attack by worm and fly)	Onions
Carrots	Parsley
Corn (attack by corn borers)	Papaya
Cucumber (attack by cucumber beetles)	Radishes
Tomatoes and potatoes (attack by blight)	Garlic
Tomatoes – improved yield	Carrots
Vegetables (all but NOT carrots)	Dill

Good weapons	Against
Citronella	Many insects
Garlic	Aphids
Lemon grass	Many insects
Marigolds	Many insects, especially nematodes
Thai basil	Many insects

Warning: Unfriendly Plants

Fennel	Inhibits the growth of other plants
Sunflowers	Inhibits nitrogen fixation by legumes

¹ Thanks to Keith Mikkelsen, *Sustainable Agriculture in the Tropics: A Natural Farming System*, 2011.